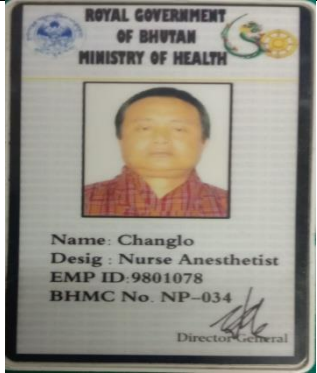


Curriculum Vitae

[Name] [D.O.B]	Changlo 08/03/1970	
[EID. no] [CID. No]	9801078 11102006027	
[Current Agency]	Nurse Anesthetist/senior staff nurse I OT In-charge Trashigang Hospital Trashigang, East Bhutan	
[Telephone & Mobile] [Email]	17770515 changlo5@hotmail.com changanes@gmail.com	
Gender Marital status Spouse Name Children Birth place	Male Married Dechen Wangmo Two daughters Shokshi	

Education	<ul style="list-style-type: none"> • Diploma in General Nursing and Midwifery, Royal Institute of Health Sciences, Thimphu, from July 1994-Decumber 1997. • Certificate in Nurse Anesthesia, Mahidol University Bangkok (Thailand) from 03-Feb-2003 20-Feb-2004 • B.Sc Nursing ,Royal Institute of Health Sciences (Bhutan) 06-Feb-2012 05-Feb-2014
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Trainings	<ul style="list-style-type: none"> • Certificate in Emergency Medical Team Training, 2000, Gelephu • Certificate in short team training in anesthesia, 2001, Karachi, Pakistan • Certificate (TOT) in Infection Control and Wastage Management, 2005.Thimphu • Certificate(TOT national Recourse) in facility based Early Essential Newborn care and Kangaro mother care for facilities, 2016,WHO, Thimphu • Certificate (TOT national resource) course in Bhutan Health Standard Quality Assurance, 2018 • Attachment in Adult ICU, India, 2015 • TOT in Pain Management, 2017
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<p>Professional Profile</p>	<p>[Over Twenty-Three years of clinical experience in nursing care, administration of anesthesia, patient, staff and resource management, and administration. Developed critical and analytical analysis, technical, clinical and problem solving skills, motivated with the ability to work within a team setting, adjust to change and focused on system and process improvement. High sense of ownership, responsibility and accountability in the organization]</p> <p>Additional skills as mentioned below:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Clinical nursing service, administration and management <input type="checkbox"/> Emergency healthcare and disaster management <input type="checkbox"/> Administration of safe anesthetics and recovery of clients <input type="checkbox"/> Multidisciplinary team approach and team work <input type="checkbox"/> Critical thinking and analysis <input type="checkbox"/> Prepare annual work plan and budget proposals <input type="checkbox"/> Inventory of medical equipments <input type="checkbox"/> Conducts in-country training on Bhutan Health Standard Quality Assurance <input type="checkbox"/> Participation of surveillance activities of various public health programs <input type="checkbox"/> Preparation of reports of activities as required by the hospital <input type="checkbox"/> Teaching-learning of nursing colleagues <input type="checkbox"/> Facilitates and conduct in-country training program on Early Essential Newborn Care <input type="checkbox"/> Conducts community health education in schools, colleges and in communities <input type="checkbox"/> Coordinated for conduct of nomadic health camps in Merak and Sagten. <input type="checkbox"/> Facilitates and conduct in-country training program on Kangaroo Mother Care <input type="checkbox"/> Facilitates and conduct teachings to clients both in hospital and the community <input type="checkbox"/> Development of Standard Operating Procedures for the hospital <input type="checkbox"/> Development of checklists for clinical workplace <input type="checkbox"/> Monitoring and evaluation of safety and quality of healthcare service delivery <input type="checkbox"/> Audit of 5S-Continuous Quality Improvement <input type="checkbox"/> Focal Person for Quality Assurance Unit of the hospital <input type="checkbox"/> Chairing the hospital management committee <input type="checkbox"/> Participated in 7 th Biennial Congress: Asian and Oceanic Society of Regional Anesthesia and Pain Medicine, 2003 <input type="checkbox"/> Participated in 33rd Post graduate course in anesthesiology, intensive care and pain management organized by Dow medical college, Karache in 2001
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<p>Professional Accomplishments</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Set up nursing units of newly opened Raiter BHU-1 <input type="checkbox"/> Provided both medical and nursing care services to the public Raiter under S/Jongkhar. <input type="checkbox"/> Organized and opened Operating Room and ICU set up of Gedu Hospital <input type="checkbox"/> Served as an emergency medical team with the units of Royal Bhutan Army and provided medical back-up in the field during the flush-out of militants' operation. <input type="checkbox"/> Received the grand order of the Drakpoi Thugsey Medal citation on 28 th March 2005 as member of the Emergency Medical Team in recognition of dedication and commitment towards safe guarding the security of the country with the units of Royal Bhutan Army deployed in the militant affected areas in the south, and providing medical back-up in the field during the military operation in December 2003. <input type="checkbox"/> Performed as a national trainer for Early Essential Newborn Care and Kangaroo Mother Care at Thimpu, Mongar, Gelephu, nurses of Trashigang hospital and Health Assistant of Trashigang Dzongkhag <input type="checkbox"/> Developed Standard Operating Procedures (SOPs), protocols, guideline, and checklists <input type="checkbox"/> Implemented 5S-CQI (Sort, Set, Shine, Standardize, and Sustain Continuous Quality Improvement) successfully at workplace <input type="checkbox"/> Received civil service award (bronze medal) and certificate for serving more than ten years <input type="checkbox"/> Received civil service award (silver medal) and certificate for serving more than 20 years <input type="checkbox"/> Conducted clinical audits “Compliance of Hand Hygiene Practices among Healthcare Workers of Trashigang dzongkhag.
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<p>Experiences</p>	<p>[1 Jan 1998 - 2000] [Staff Nurse] [JDWNRH] [Thimphu]</p> <ul style="list-style-type: none"> • [Staff Nurse in various units/ward of Jigme Dorji Wangchuk National Referral Hospital (JDW/NRH), Thimphu, Bhutan. Nursing management of sick patients admitted in the ward with different disease conditions. Provided health teaching and counseling to the patients. Carrying out different nursing care and procedures. Documentation of reports and records. Providing support to the In-charge for smooth functioning of the ward.]
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2000 to 2002

[Nurse Incharge] | [Raitar/Bangtar] | [BHU-I]

- [Nurse In-Charge, Raitar BHU-I, Bhutan. Management and administration of nursing services in the hospital. Management and care of sick patients admitted in the ward with different disease conditions. Providing health teaching and counseling to patients and family caregivers. Provided community health care services. Carrying out different nursing care and procedures. Documentation of reports and records]

2002 to 2005

[Nurse Anaesthetist] | [JDWNRH] | [Thimphu]

- [Nurse Anaesthetist, JDWNRH, Bhutan. Management and administration of anaesthesia services in the hospital. Monitoring and supervision of subordinate staff and supporting staff. Demonstrated respect, friendliness, and willingness to help others whenever needed. Liaised closely with the hospital administration, clinicians, and head of department]

2006 to 2009

[Emergency and OT incharge] | [Gedu Hospital]

- [Nurse Incharge, OT and Emergency Unit of Gedu Hospital, Chukha dzongkhag. Operation Theatre and ICU set up at Gedu Project hospital. Management and administration of anaesthesia services in the hospital. Management of emergency unit and attended emergency call for trauma resuscitation 24/7. Worked flexible hours, night, weekend, and holiday shifts. Monitoring and supervision of subordinate staff and supporting staff. Conducted first Aid course for all the security and fire staff of the project.]
- [Took charge of hospital administration for one year]

2009 to 2010

[Nurse Anesthetist][Phuntsholing Hospital]

- [Management and administration of anaesthesia services in the hospital. Monitoring and supervision of subordinate staff and supporting staff.]

2014 till date

[Nurse Anesthetist] Trashigang Hospital]

- [Nurse Incharge of Operation Theater. Management and administration of anaesthesia and nursing services in the OT. As instructed by the dzongkhag administration, took charge as the

	<p>officiating CMO of the hospital for 6 months. Currently working as a QA focal person and chairing the hospital management committee. Coordinated for nomadic health camps at Merak , Sagteng and Bumthang for 3 consecutive years funded by Bhutan foundation. Conducted public awareness program on alcohol reduction to all the gewogs under Trashigang dzongkhag with DHO. Assisted and conducted awareness on teenage pregnancies with gynaecologist to Kanglung collage and high schools under Trashigang dzongkhag. Conducted training on early essential newborn care to all the PHC incharges, doctor and nurses under dzongkhag]</p> <ul style="list-style-type: none"> • [Received highest order of merit outstanding performances for individual work planning (IWP) from dzongkhag administration in 2019.]
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Document produced	<ul style="list-style-type: none"> • Standard Operating Procedures of general nursing practices and OT management
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Award	<ul style="list-style-type: none"> • Received the grand order of the Drakpoi Thugsey Medal citation on 28 th March 2005 as member of the Emergency Medical Team in recognition of dedication and commitment towards safe guarding the security of the country with the units of Royal Bhutan Army deployed in the militant affected areas in the south, and providing medical back-up in the field during the military operation in December 2003. • Received the Civil Service Award Certificate, Bronze and Silver Medal • Received the grand order of the Druk Thugsey Medal as member of the Health family in recognition of dedication and commitment towards providing medical service to the people during COVID-19pandemic • Received certificates for academic excellence form HM during B.Sc course in 2012, 2013 and 2014.
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Participation	<ul style="list-style-type: none"> • Participated and worked as an emergency medical team in security-affected areas and during natural disasters in Bhutan. • Participated in 7 th Biennial Congress: Asian and Oceanic Society of Regional Anaesthesia and Pain Medicine, 2003. • Participated in 33rd Post graduate course in anesthesiology, intensive care and pain management organized by Dow medical
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	college, Karache in 2001 <ul style="list-style-type: none"> • .Participated in the symposium on Micronutrients in 2012.
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Committees & Members	Committee member: <input type="checkbox"/> Member of the Quality Assurance Unit TH
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Languages	<ul style="list-style-type: none"> • Tshangla • Dzongkha • Lhotshamkha • English • Hindi
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Computer Skills	<ul style="list-style-type: none"> • Proficient in Microsoft word, Excel, Outlook and Power point
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